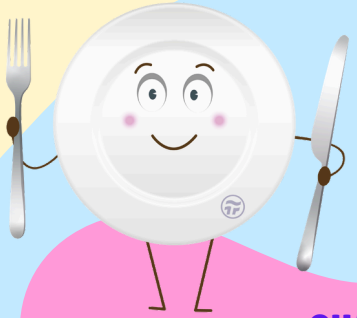


Primary Lunch Menu 2026/27

QUALITY INGREDIENTS

- All our eggs are free range
- Our lentils, peas and oats are locally sourced in Scotland.
- Our fish products are MSC (Marine Stewardship Council) for sustainability
- Our chicken dishes are made using Red Tractor Chicken
- All our fruit and vegetables are locally sourced from Total Produce and are Scottish where possible
- All of our milk is locally sourced by Graham's Dairies
- All our butcher meat is QMS (Quality Meat Scotland)
- Our mince, steak, pork & chicken sausage and beef burger mince are all locally sourced by Campbells Prime Meat in Linlithgow

FREE SCHOOL MEAL ENTITLEMENT

Angus, Dundee and Perth and Kinross Councils are encouraging parents and carers with children in P6 or P7 to check if they are entitled to free school meals for their children. This is worth over £420 per annum!

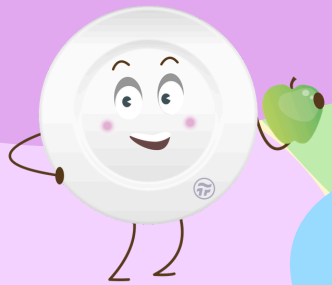
A great choice of meals are available for primary pupils, offering healthier lunch options and the chance to spend time with their friends in a welcoming environment. Free school meal provision is confidential and school systems maintain the anonymity of children and families.

For more information on how to claim free school meals for pupils in primary 6–7, please see the links below:

Angus: https://www.angus.gov.uk/schools_and_young_people/free_school_meals_and_school_clothing_grants

Dundee: https://www.dundeecity.gov.uk/service-area/children-and-families-service/education/school-meals

Perth & Kinross: https://www.pkc.gov.uk/freeschoolmeals



CHOICE OF MEALS & DIETARY REQUIREMENTS

Dundee, Angus and Perth & Kinross Councils' Education Departments in partnership with Tayside Contracts offer a great choice of meals for primary pupils. The varied school lunch menu meets all the nutritional standards set by the Scottish Government.

My child has a dietary requirement, can they have school lunches?

Adapted menus can be provided for children on medically prescribed diets to treat a specific condition, allergies or intolerances to any of the 14 main allergens. An adapted menu is based on the current school menu, excludes items to which a pupil is intolerant/allergic, and adapts recipes for menu options where possible. Please note that this does not mean we can provide specialist items specific to your child, we can only adapt the menu using products from our supply chain.

As there are no nuts, peanuts or sesame seeds in any dishes on the menu, Tayside Contracts does not provide adapted menus for nut, peanut or sesame seed allergies. All products with a 'may contain' declaration for nuts, peanuts and sesame seeds are highlighted on the menu with the appropriate icon and can be found in our may contain disclaimer on our website. Please refer to the Tayside Contracts website for access to our Nutrition & Allergen Gateway along with our recipe book so you can try some of our recipes at home.

How do I make these arrangements for my child?
Adapted Menu Request Forms can be found on the Tayside Contracts School Catering web page:
www.tayside contracts.co.uk/catering/school-catering

A copy of any medical confirmation from a health professional which details your child's allergens/intolerances, should be provided where possible.

INFORMATION ON SCHOOL MEALS

We can provide packed lunches all year round for school trips and class outings

FREE SCHOOL MEALS FOR ALL P1–5 PUPILS
No application process necessary. Save up to £45 a month per child. That's around £420 a year!

We would love to hear your thoughts and suggestions
Please email us at schoolmeals@tayside-contracts.co.uk

Look out for our School Meals Newsletters throughout the year, and if you haven't already, don't forget to follow us on our dedicated school meals Instagram – @TCSchoolFood

WWW.TAYSIDE-CONTRACTS.CO.UK

Primary Lunch Menu 2026/27

Tayside contracts

Dundee CHANGING FOR THE FUTURE

Perth & Kinross Council

Angus Council

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 20 April 18 May 15 June 13 July 10 August 7 September 5 October 2 November 30 November 28 December 25 January 22 February 22 March	Milkshake (V) Savoury Sausage Roll with Seasoned Diced Potatoes & Baked Beans (Ve*) Tomato & Pesto Pasta* with Garlic Bread (V) Fiesta Bean Pitta with Salad Selection (Ve*) Sweetcorn (Ve) Fruit of the Day with Banana Cake (V)	Lentil Soup (Ve) Cheese Finger Roll** with Salad Selection (V) Crispy Chicken Goujons with Mashed Potatoes & Baked Beans Traditional Mince with Yorkshire Pudding & Mashed Potatoes Green Beans (Ve) Fruit of the Day (Ve)	Homestyle Beef Lasagne with Crusty Bread Breaded Fish Nibbles with Mashed Potatoes & Baked Beans Baked Bean Baked Potato with Salad Selection (Ve) Broccoli & Cauliflower (Ve) Fruit of the Day with Sticky Toffee Pudding & Custard (V)	Sliced Melon Medley (Ve) Harvest Bake (V) Sunshine Chicken Curry*^ with Rice & Chapati Bread Pepperoni Pizza Slice with Seasoned Diced Potatoes Peas & Carrots (Ve) Fruit of the Day (Ve)	Mild Quorn Curry with Rice & Chapati Bread (V) Breaded Fish with Chips Crispy Chicken Burger with Crunchy Coleslaw Peas (Ve) Fruit of the Day with Chocolate Oatie (Ve)
Week 2 27 April 25 May 22 June 20 July 17 August 14 September 12 October 9 November 7 December 4 January 1 February 1 March 29 March	Milkshake (V) Sweet Tomato & Pepper Soup (Ve) Lentil Pasta Bolognese with Garlic Bread (Ve*) Ham & Cheese Sandwich Triangles with Sweet Chilli Pasta Sweet & Sour Chicken Fillet with Rice Broccoli (Ve) Fruit of the Day (Ve)	Chicken Sausages in Gravy with Yorkshire Pudding & Seasoned Diced Potatoes Pasta Carbonara with Crusty Bread Golden Quorn Dippers with Seasoned Diced Potatoes & Baked Beans (Ve) Peas & Carrots (Ve) Fruit of the Day with Tiffin (V)	Rainbow Veggie Sticks with Dip (V/Ve) Traditional Steak Pie with Mashed Potatoes Classic Macaroni Cheese with Garlic Bread (V) Chicken Mayo Wrap with Sweet Chilli Pasta Mixed Vegetables (Ve) Fruit of the Day (Ve)	Cheese & Tomato Pizza Slice with Seasoned Diced Potatoes (V) Quorn Dog Roll** with Seasoned Diced Potatoes & Baked Beans (V) Mixed Pepper Frittata with Crunchy Coleslaw & Crusty Bread (V) Broccoli (Ve) Fruit of the Day with Butterscotch Cookie (V)	Sweet Potato & Coconut Curry with Rice & Chapati Bread (V) Golden Fish Fingers with Chips & Baked Beans Tangy BBQ Chicken Pasta with Crusty Bread Peas (Ve) Fruit of the Day with Ice Cream (V)
Week 3 6 April 4 May 1 June 29 June 27 July 24 August 21 September 19 October 16 November 14 December 11 January 8 February 8 March	Milkshake (V) Creamy Chicken Pie with Seasoned Diced Potatoes Mild Quorn Tikka Curry with Rice & Chapati Bread (V) Beef Burger with Seasoned Diced Potatoes Broccoli (Ve) Fruit of the Day with Chocolate Sponge (V)	Lentil & Tomato Soup (Ve) Beef Pasta Bolognese with Garlic Bread Crispy Chicken Goujons with Potato Wedges Tangy BBQ Pizza Slice with Sweet Chilli Pasta (V) Mixed Vegetables (Ve) Fruit of the Day (Ve)	Savoury Sausage Roll with Chips & Baked Beans (Ve*) Creamy Tomato Pasta with Crusty Bread (V) Coronation Chickpea Pitta with Pasta Salad (V) Carrots & Green Beans (Ve) Fruit of the Day with Shortbread (Ve)	Pitta Strips with Dip (V/Ve*) Meatball Marinara Sub** with Salad Selection Cheese Sandwich Triangles with Crunchy Coleslaw (V) Breaded Fish Nibbles with Mashed Potatoes & Baked Beans Sweetcorn (Ve) Fruit of the Day (Ve)	Tomato & Pepper Lasagne with Salad Selection (V) Breaded Fish with Chips Beef Chilli Con Carne with Rice Peas (Ve) Fruit of the Day with Lemon Drizzle Cake (V)
Week 4 13 April 11 May 8 June 6 July 3 August 31 August 28 September 26 October 23 November 21 December 18 January 15 February 15 March	Milkshake (V) Carrot & Coriander Soup (V) Classic Macaroni Cheese with Tomato Bread (V) Country Veg Casserole with Yorkshire Pudding & Seasoned Diced Potatoes (V) Golden Quorn Dippers with Seasoned Diced Potatoes & Baked Beans (Ve) Peas (Ve) Fruit of the Day (Ve)	Crispy Chicken Burger with Potato Wedges Zingy Tomato Pasta with Crusty Bread (Ve*) Tex Mex Beef Taco with Potato Wedges Mixed Vegetables (Ve) Fruit of the Day with Chocolate Cookie (V)	Cheesy Garlic Bread (V) Quorn Dog Roll** with Sweet Chilli Pasta (V) Ham & Cheese Pizza Slice with Sweet Chilli Pasta Mild Chicken Korma with Rice & Chapati Bread Broccoli & Cauliflower (Ve) Fruit of the Day (Ve)	Pork Sausages with Mashed Potatoes & Baked Beans Cajun Vegetable Burger with Pasta Salad (V) Italian Style Chicken Fillet with Pasta & Crusty Bread Sweetcorn (Ve) Fruit of the Day with Strawberry Sponge (V)	Mild Lentil Curry with Rice & Chapati Bread (Ve) Breaded Fish with Chips & Baked Beans Sliced Chicken Roll with Rice Salad Peas (Ve) Fruit of the Day with Jelly (Ve)

(V) Vegetarian
(Ve) Vegan
(Ve*) May contain egg/milk
*May contain nuts
**May contain sesame
^ May contain peanuts

Scan the QR code to view nutrition and allergen information

Balanced food fuelling your school days!

Fruit, vegetables and salad are available daily

Bread is available daily

Yoghurt is also offered as an alternative on dessert days

www.tayside-contracts.co.uk