



Delivering excellence
at the heart of our
communities



Contact Us

01382 812721

schoolmeals@tayside-contracts.co.uk

www.tayside-contracts.co.uk/catering/school-catering

Tayside 
contracts



Primary School Meals Information



About Us

Tayside Contracts is the trading arm of the Councils of Angus, Dundee City and Perth & Kinross which operates under a joint committee comprising of elected members from each constituent council.

We are the school meal provider for the three Tayside Councils.

What's for lunch?

- 3 choice menu, including a vegetarian choice, all served with pasta, rice or potatoes
- 2 course meal with a drink, vegetables, a choice of salad and freshly baked bread.
- Pupils can choose either milk or water
- When dessert is available there is also the option of fresh fruit or yoghurt as an alternative.
- Fresh Fruit is available every day.

Scan QR
Code for
Menu



Why choose school meals?

- It's automatically free for Primary 1-5
- You can apply for free school meals in Primary 6-7 if you meet the specified criteria.
- Tasty & healthy
- Time saving - no packed lunches to prepare
- Develop social skills
- Dine with friends in a secure & welcoming environment
- Provides a 1/3 of daily nutritional needs

Pre-Ordering

Our menus are colour coded to make pre-ordering simple. Pre-ordering ensures pupils receive their chosen meal.

Online Information

<https://www.tayside-contracts.co.uk/catering/school-catering-meals-nutrition>

On our school meals web page you will be able to view:

- All our recipes
- Pictorial menus
- Packed lunch menu
- Nutrition & Allergen Gateway
- Carbohydrate Reports
- Translated Menu

Nutrition & Legislation

All our menus are nutritionally analysed and comply with legislation – The Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2020. This requires a balance of nutrients daily and weekly including calories, fat, sugars, fibre and salt. There are also food and drink standards that must be adhered to, for example:

- Oily fish (e.g. salmon) must be provided at least once every three weeks
- No more than three deep-fried items in a single week
- Chips, if served must be part of a meal
- No additional salt. Condiments can not exceed 10ml
- No confectionery or chocolate

School meals are monitored as part school inspections by HMIE.

Where our food comes from

We only use reputable suppliers who have full traceability for food safety and quality. Our ingredients are a mix of education specific products that are lower in fat, sugar and salt. We use known quality brands and local suppliers including:



We work closely with our suppliers to develop healthier products suitable for children and young people. This includes our butcher who has developed a low fat and salt burger mix specifically for Tayside schools. We also add as many fruits and vegetables to our dishes as possible for example our homemade pizza contains carrot and courgette.

Healthier than you think

- We use light mayonnaise
- Our potato wedges are potatoes lightly sprayed with oil and oven baked
- We use wholemeal bread
- None of our chocolate dishes contain chocolate, just cocoa

Free School Meals

If your child is entitled to a free school meal you could be saving around £420/540 a year!

Free School Meals for Primary 1-5

If your child is in primary 1-5 they are automatically entitled to a free school meal, no application process is necessary. This includes a packed lunch for school trips and on half days.

How to claim for free School Meals for Primary 6-7:

For more information on how to claim free school meals for pupils in primary 6-7, please see the links below:

Angus:

https://www.angus.gov.uk/schools_and_young_people/free_school_meals_and_school_clothing_grants

Dundee: <https://www.dundee.gov.uk/service-area/children-and-families-service/education/school-meals>

Perth & Kinross: <https://www.pkc.gov.uk/freeschoolmeals>

How do I apply?

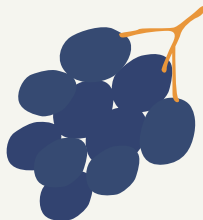
Angus: Complete an online application form for Free School Meals/School Clothing Grant or access the form from your local benefit enquiry office or call 03452 777778.

Dundee: Complete the Free School Meals online application form or pick one up from Dundee City Council, Dundee House, 50 North Lindsay Street, Dundee DD1 1QE. Proof of benefit e.g. Full Award Letter and proof of Child Benefit Entitlement is required.

Perth & Kinross: Complete the Free School Meals online application form, contact Education and Children's Services on 01738 476200, or email SchoolCatering@pkc.gov.uk

Paying for School Meals

School meals can be paid for online. Check your Council's arrangements via their website.



Dietary Requirements

School lunches can be provided for children on medically prescribed diets to treat a specific condition, allergies or intolerances to any of the main 14 allergens. An adapted menu is based on the current school menu, excludes items to which the pupil is intolerant/allergic, and adapts recipes for menu options where possible.

How to register for an adapted menu:

The registration form can be found at www.tayside-contracts.co.uk/catering/school-catering

School Trips

Kids on a trip?.... don't panic

Packed lunches can be pre-ordered on ParentPay.

A packed lunch consists of a filled sandwich, drink, salad pot, fruit and a shortbread or chocolate oatie biscuit.

Pre-order selections must be made on ParentPay 5 days in advance.

