

# Nursery Carb Report 2026/27

This information is subject to change due to the current climate and affairs affecting our supply chain. Please be advised that there may be changes to our recipes and products at short notice.

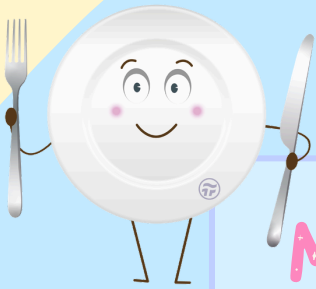
Please be advised that this information is provided on a theoretical calculation.

Tayside  contracts

Dundee  CHANGING FOR THE FUTURE

 PERTH & KINROSS COUNCIL

 Angus Council



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Week 1

20 April  
18 May  
15 June  
13 July  
10 August  
7 September  
5 October  
2 November  
30 November  
28 December  
25 January  
22 February  
22 March

Savoury Sausage Roll (32.40g) with Seasoned Diced Potatoes (11.79g) & Baked Beans (7.80g)  
Tomato & Pesto Pasta\* (27.49g) with Garlic Bread (15.04g)  
Sweetcorn (3.65g)  
Fruit of the Day (\*\*\*) with Banana Cake (18.98g)

Lentil Soup (8.93g)  
Cheese Finger Roll\*\* (23.03g) with Salad Selection (0.69g)  
Crispy Chicken Goujons (8.78g) with Mashed Potatoes (12.90g) & Baked Beans (7.80g)  
Green Beans (1.40g)  
Fruit of the Day (\*\*\*)

Homestyle Beef Lasagne (23.53g) with Crusty Bread (10.35g)  
Baked Bean Baked Potato (55.10g) with Salad Selection (0.69g)  
Broccoli & Cauliflower (1.19g)  
Fruit of the Day (\*\*\*) with Sticky Toffee Pudding (20.83g) & Custard (11.30g)

Sliced Melon Medley (3.40g)  
Cheese and Tomato Pizza (15.81g) with Seasoned Diced Potatoes (11.79g)  
Sunshine Chicken Curry\*^A (12.97g) with Rice (23.40g) & Chapati Bread (14.46g)  
Peas & Carrots (3.77g)  
Fruit of the Day (\*\*\*)

Mild Quorn Curry (5.17g) with Rice (23.40g) & Chapati (14.46g)  
Breaded Fish Nibbles (10.60g) with Chips (16.00g)  
Peas (4.95g)  
Fruit of the Day (\*\*\*) with Chocolate Oatie (18.98g)

### Week 2

27 April  
25 May  
22 June  
20 July  
17 August  
14 September  
12 October  
9 November  
7 December  
4 January  
1 February  
1 March  
29 March

Sweet Tomato & Pepper Soup (6.26g)  
Lentil Pasta Bolognese (32.01g) with Garlic Bread (15.04g)  
Sliced Chicken Sandwich Triangles (30.52g) with Salad Selection (0.69g)  
Broccoli (0.81g)  
Fruit of the Day (\*\*\*)

Pasta Carbonara (24.31g) with Crusty Bread (10.35g)  
Golden Quorn Dippers (5.73g) with Seasoned Diced Potatoes (11.79g) & Baked Beans (7.80g)  
Peas & Carrots (3.77g)  
Fruit of the Day (\*\*\*) with Tiffin (24.15g)

Rainbow Veggie Sticks with Dip (\*\*\*)  
Traditional Steak Pie (15.17g) with Mashed Potatoes (12.90g)  
Classic Macaroni Cheese (24.82g) with Garlic Bread (15.04g)  
Mixed Vegetables (4.05g)  
Fruit of the Day (\*\*\*)

Cheese & Tomato Pizza Slice (15.81g) with Seasoned Diced Potatoes (11.79g)  
Quorn Dog Roll\*\* (24.80g) with Seasoned Diced Potatoes (11.79g) & Baked Beans (7.80g)  
Broccoli (0.81g)  
Fruit of the Day (\*\*\*) with Butterscotch Cookie (20.23g)

Sweet Potato & Coconut Curry (10.29g) with Rice (23.40g) & Chapati Bread (14.46g)  
Breaded Fish Nibbles (10.60g) with Potato Wedges (12.33g)  
Peas (4.95g)  
Fruit of the Day (\*\*\*) with Ice Cream (\*\*\*)

### Week 3

6 April  
4 May  
1 June  
29 June  
27 July  
24 August  
21 September  
19 October  
16 November  
14 December  
11 January  
8 February  
8 March

Mild Quorn Tikka Curry (5.34g) with Rice (23.40g) & Chapati Bread (14.46g)  
Beef Burger (26.65g) with Seasoned Diced Potatoes (11.79g)  
Broccoli (0.81g)  
Fruit of the Day (\*\*\*) with Chocolate Sponge (16.84g)

Lentil & Tomato Soup (12.29g)  
Beef Pasta Bolognese (24.07g) with Garlic Bread (15.04g)  
Tangy BBQ Pizza Slice (21.35g) with Sweet Chilli Pasta (12.13g)  
Mixed Vegetables (4.05g)  
Fruit of the Day (\*\*\*)

Savoury Sausage Roll (32.40g) with Potato Wedges (12.33g) & Baked Beans (7.80g)  
Creamy Tomato Pasta (25.96g) with Crusty Bread (10.35g)  
Carrots & Green Beans (1.96g)  
Fruit of the Day (\*\*\*) with Shortbread (23.06g)

Pitta Strips with Dip (\*\*\*)  
Breaded Fish Nibbles (10.60g) with Mashed Potatoes (12.90g) & Baked Beans (7.80g)  
Cheese Sandwich Triangles (29.72g) with Crunchy Coleslaw (2.35g)  
Sweetcorn (3.65g)  
Fruit of the Day (\*\*\*)

Tomato & Pepper Lasagne (29.23g) with Salad Selection (0.69g)  
Golden Fish Fingers (12.90g) with Seasoned Diced Potatoes (11.79g)  
Peas (4.95g)  
Fruit of the Day (\*\*\*) with Lemon Drizzle Cake (21.01g)

### Week 4

13 April  
11 May  
8 June  
6 July  
3 August  
31 August  
28 September  
26 October  
23 November  
21 December  
18 January  
15 February  
15 March

Carrot & Coriander Soup (6.43g)  
Classic Macaroni Cheese (24.82g) with Tomato Bread (10.94g)  
Golden Quorn Dippers (5.73g) with Seasoned Diced Potatoes (11.79g) & Baked Beans (7.80g)  
Peas (4.95g)  
Fruit of the Day (\*\*\*)

Zingy Tomato Pasta (24.39g) with Crusty Bread (10.35g)  
Crispy Chicken Burger (37.35g) with Potato Wedges (12.33g)  
Mixed Vegetables (4.05g)  
Fruit of the Day (\*\*\*) with Chocolate Cookie (17.92g)

Cheesy Garlic Bread (15.44g)  
Quorn Dog Roll\*\* (24.80g) with Sweet Chilli Pasta (12.13g)  
Mild Chicken Korma (6.78g) with Rice (23.40g) Chapati Bread (14.46g)  
Broccoli & Cauliflower (1.19g)  
Fruit of the Day (\*\*\*)

Mini Pork Sausages (7.60g) with Mashed Potatoes (12.90g) & Baked Beans (7.80g)  
Cajun Vegetable Burger (42.33g) with Pasta Salad (6.56g)  
Sweetcorn (3.65g)  
Fruit of the Day (\*\*\*) with Strawberry Sponge (19.87g)

Mild Lentil Curry (9.51g) with Rice (23.40g) & Chapati Bread (14.46g)  
Breaded Fish Nibbles (10.60g) with Potato Wedges (12.33g)  
Peas (4.95g)  
Fruit of the Day (\*\*\*) with Jelly (\*\*\*)

Balanced food fuelling your school days!



(\*\*\*)

Ice Cream:  
Vanilla (6.80g)  
Chocolate (9.60g)  
Strawberry (10.00g)

Jelly:  
Lime (13.20g)  
Raspberry (12.96g)  
Strawberry (12.82g)  
Orange (12.88g)

Fruit of the Day (per 40g serving):  
Apple (7.90g)  
Banana (8.12g)  
Pear (4.36g)  
Orange (3.28g)  
Pear Halves in Juice (3.40g)  
Mandarins in Grape Juice (3.08g)  
Peaches in Juice (3.88g)

Yoghurt (per serving)  
Muller Healthy Balance Peach/Strawberry (12.1g)  
Muller Light Strawberry (7g)  
Muller Light Mango & Passionfruit (7.2g)  
Ubley Natural (11.7g)  
Golden Acre (7.6g)

Rainbow Sticks & Sweet Chilli (5.35g)  
Rainbow Sticks & Mayo (2.07g)  
Rainbow Sticks & Sweet Chilli Mayo (3.71g)

Pitta Strips & Sweet Chilli (34.56g)  
Pitta Strips & Mayo (31.28g)  
Pitta Strips & Sweet Chilli Mayo (32.92g)

(V) Vegetarian  
(Ve) Vegan  
(Ve\*) May contain egg/milk  
\*May contain nuts  
\*\*May contain sesame  
^ May contain peanuts

Scan the QR code to view nutrition and allergen information

