

SMAR**ER** CHOICE
IS FOR YOU!

PRE ORDER APP

STEP 1:
DOWNLOAD THE VERICOOL APP
FOR FREE FROM APP STORE OR
GOOGLE PLAY

STEP 2:
FOLLOW THE ON SCREEN
INSTRUCTIONS TO SET UP YOUR
ACCOUNT

STEP 3:
PRE-ORDER YOUR FAVOURITE
MEALS

STEP 4:
COLLECT YOUR ORDER AT LUNCH
TIME AND ENJOY!



**THIS MENU HAS BEEN NUTRITIONALLY
ANALYSED IN LINE WITH THE SCOTTISH
NUTRITIONAL GUIDANCE FOR FOOD AND
DRINK IN SCHOOLS (2020).**

**FURTHER DETAILS ABOUT THIS MENU CAN
BE
FOUND ONLINE AT**

www.tayside-contracts.co.uk
Allergen and nutritional information
can be found by scanning the QR
code below



FOLLOW US ON SOCIAL MEDIA

**FACEBOOK – TAYSIDE
CONTRACTS**

**INSTAGRAM –
@TCSCHOOLFOOD**

**X –
@TaysideContract**

SECONDARY

SCHOOL

LUNCH

SMAR**ER** CHOICE

2026–2027



Smarter Choice Menu 2026-2027

All dishes come with
seasonal vegetables

PRICES

Monday	Tuesday	Wednesday	Thursday	Friday
No Sausage Roll with Diced Potatoes & Baked Beans (Ve*) Chicken Satay with Noodles	Maple Chilli Chicken Burger** and Potato Wedges Vegetable Pizza with Potato Wedges (V)	Stroganoff with Rice (V) Beef Lasagne with Crusty Bread	Chilli Con Carne with Rice Macaroni Cheese with Garlic Bread (V)	Breaded Fish with Chips Quorn Tikka Curry with Rice & Chapati (V)
Quorn Chow Mein (V) Philly Steak Baguette** & Potato Wedges	Salmon & Sweet Potato Fishcakes with Diced Potatoes & Baked Beans Cheese & Tomato Pizza with Diced Potatoes (V)	Steak Loaded Yorkshire Pudding with Mashed Potatoes Macaroni Cheese with Garlic Bread (V)	Tomato Pasta with Crusty Bread (Ve*) Chicken Shawarma with Diced Potatoes (V)	Breaded Fish with Chips Quorn Dipper Wrap with Chips (V)
Vegetable Biryani with Chapati (Ve) Chicken Sausages in Gravy with Yorkshire Pudding & Mashed Potatoes (V)	BBQ Vegeball Sub** with Potato Wedges (Ve) Pasta Bolognese with Crusty Bread	Sweet & Sour Chicken Goujons with Rice Roasted Pepper & Tomato Pasta with Crusty Bread (Ve*)	Creamy Chicken Pie with Mashed Potatoes Macaroni Cheese with Tomato Bread (V)	Breaded Fish with Chips & Baked Beans BBQ Burrito with Rice (V)
Macaroni Cheese with Tomato Bread (V) Fishcake Bun** with Diced Potatoes	BBQ Chicken Pizza with Potato Wedges Veggie Bean Burger** with Potato Wedges (V)	Mild Chicken Korma Curry with Rice & Chapati Tomato & Pesto Pasta* with Crusty Bread (V)	Steak Pie with Mashed Potatoes Sweet Potato & Coconut Curry with Rice & Chapati (V)	Breaded Fish with Chips Veggie Chow Mein (V)

SOUP & BREAD	£0.55
HOT SNACKS	£1.90
SERVED WITH SALAD OR VEGETABLES	
MAIN MEALS & HOT SNACKS	£2.05
SERVED WITH ACCOMPANIMENTS	
LARGE BAGUETTES	£1.65
PANINIS	£1.90
FILLED BAKED POTATOES	£1.60
SANDWICHES	£1.40
CHEESE & CRACKERS	£0.65
HOME BAKING	£0.55
FRESH FRUIT	£0.30
FRUIT POT	£0.60
YOGHURT	£0.55
CRISPS/POPCORN	£0.60-£0.75
DRINKS	£0.45-£0.95

^May contain Peanuts
*May contain Nuts
**May contain Sesame

(V) Vegetarian
(Ve) Vegan
(Ve*) May contain Egg/Milk

SMARTER CHOICE
1 MAIN MEAL OPTION FROM SMARTER CHOICE MENU WITH SEASONAL VEG

+
SALAD, FRUIT AND CUP OF MILK

+
COOKIE/MUFFIN OR SOUP

=£2.60