

Changes to the Secondary 2019-20 Menu in preparation for the 2020 Regulations

- The frequency of red meat and red processed meat choices will be reduced, and there will be further reductions ahead of the 2020 regulations.
- Items currently on the menu that will not meet the 2020 regulations will be phased out, such as:-
 - Low fibre breads
 - Daily pastry options
 - Waffles
 - Croissants
- The frequency of traybakes will be reduced
- The frequency of breakfast rolls will be reduced
- Increase in healthier dishes
- The format of the menu will change to gradually reduce the number of meal choices, because the new regulations will result in a reduction in the number of choices that are currently available.

These changes are being implemented to ensure that all Tayside school meals are compliant with the 2020 regulations.