

Working Lunches

Menu A

Option 1

Breads

Savoury Mini Dinner Rolls

Sandwich Fillings

Cheese & Onion Mayonnaise

Egg Mayonnaise

Cheese Salad

Chicken Mayonnaise

Barbeque Chicken

Tuna & Sweetcorn

Roast Ham & Tomato

Savouries & Dip

Onion Bhajis with a

Mild Coronation Dip

Sausage Rolls

Crisps & Dip

Hand Cooked Crisps with a

Garlic Mayo Dip



Allergens

Breads

Wheat, Gluten, Soya, Rye, Barley, Oats

Sandwich Fillings

Egg, Milk, Mustard

Egg, Milk, Mustard

Milk

Egg, Milk, Mustard

Milk, Soya, Wheat, Barley, Celery

Fish, Egg, Milk, Mustard

Milk

Savouries & Dip

Savoury - Nil

Dip - Egg, Milk, Mustard

Wheat, Gluten, Sulphites, may contain traces of Nuts

Crisps & Dip

Crisps - Nil

Dip - Egg, Milk, Mustard



Working Lunches

Menu A

Option 2

Breads

Savoury Mini Dinner Rolls

Sandwich Fillings

Cheese & Onion Mayonnaise

Sliced Egg & Cress

Cheese & Tomato

Chicken Mayonnaise

Mango Chicken

Tuna Mayonnaise

Roast Ham & Mustard

Savouries & Dip

Carrot & Coriander Goujons
with a Coriander & Lime Dip

Sausage Rolls

Crisps & Dip

Tortilla Chips with a
Salsa Dip

Allergens

Breads

Wheat, Gluten, Soya, Rye, Barley, Oats

Sandwich Fillings

Egg, Milk, Mustard

Egg, Milk

Milk

Egg, Milk, Mustard

Milk

Fish, Egg, Milk, Mustard

Milk, Wheat, Gluten, Mustard

Savouries & Dip

Savoury - Wheat, Celery, Sulphites, Gluten, may contain traces of Peanuts and Nuts

Dip - Egg, Milk, Mustard, Sulphites

Wheat, Gluten, Sulphites, may contain traces of Nuts

Crisps & Dip

Crisps - Nil

Dip - Nil



Working Lunches

Menu A

Option 3

Breads

Petit Pain Rolls

Sandwich Fillings

Cheese & Onion Mayonnaise

Sliced Egg & Tomato

Cheese & Pickle

Chicken Mayonnaise

Chicken Tikka

Tuna & Cucumber

Corned Beef & Onion Mayonnaise

Savouries & Dip

Vegetable Samosas with
a Sweet Chilli Dip

Sausage Rolls

Crisps & Dip

Kettle Chips with a
Barbeque Dip



Allergens

Breads

Wheat, Gluten, Barley, Sesame

Sandwich Fillings

Egg, Milk, Mustard

Egg, Milk

Milk, Barley, Gluten

Egg, Milk, Mustard

Egg, Milk, Mustard

Fish, Egg, Milk, Mustard

Egg, Milk, Mustard

Savouries & Dip

Savoury - Wheat, Gluten

Dip - Barley, Gluten, may contain traces of Peanuts

Wheat, Gluten, Sulphites, may contain traces of Nuts

Crisps & Dip

Crisps - Nil

Dip - Soya, Wheat, Barley, Celery, Gluten



Working Lunches

Menu B

Option 1

Breads

White Loaf
Oatmeal Loaf
Wholemeal Loaf

Sandwich Fillings

Cheese & Onion Mayonnaise
Egg Mayonnaise
Cheese Salad
Chicken Mayonnaise
Barbeque Chicken
Tuna & Sweetcorn
Roast Ham & Tomato

Savoury Item & Dip

Indian Selection with a
Mango Chutney Dip

Crudités & Dip

Carrots
Celery
Cucumber
Peppers
Spring Onion
with Garlic Mayonnaise Dip

Selection of Seasonal Fruit

Red and Green Apples
Bananas
Oranges and Mandarins
Plums
Pears
Peaches



Allergens

Breads

Wheat, Gluten, Soya, Rye, Barley, Oats
Wheat, Gluten, Soya, Rye, Barley, Oats
Wheat, Gluten, Soya, Rye, Barley, Oats

Sandwich Fillings

Egg, Milk, Mustard
Egg, Milk, Mustard
Milk
Egg, Milk, Mustard
Milk, Soya, Wheat, Barley, Celery
Fish, Egg, Milk, Mustard
Milk

Savoury Item & Dip

Savoury - Wheat, Gluten
Dip - Nil

Crudités & Dip

Nil
Celery
Nil
Nil
Nil
Dip - Egg, Milk, Mustard

Selection of Seasonal Fruit

Nil
Nil
Nil
Nil
Nil
Nil



Working Lunches

Menu B

Option 2

Breads

White Loaf
Wholemeal Loaf
Malted

Sandwich Fillings

Cheese & Onion Mayonnaise
Sliced Egg & Cress
Cheese & Tomato
Chicken Mayonnaise
Mango Chicken
Tuna Mayonnaise
Roast Ham & Mustard

Savoury Item & Dip

Battered Chicken Bites with a
Sweet & Sour Dip

Crudités & Dip

Carrots
Celery
Cucumber
Peppers
Spring Onion
with Spicy Mayonnaise Dip

Selection of Seasonal Fruit

Red and Green Apples
Bananas
Oranges and Mandarins
Plums
Pears
Peaches



Allergens

Breads

Wheat, Gluten, Soya, Rye, Barley, Oats
Wheat, Gluten, Soya, Rye, Barley, Oats
Wheat, Gluten, Soya, Rye, Barley, Oats

Sandwich Fillings

Egg, Milk, Mustard
Egg, Milk
Milk
Egg, Milk, Mustard
Milk
Fish, Egg, Milk, Mustard
Milk, Wheat, Gluten, Mustard

Savoury Item & Dip

Savoury - Wheat, Gluten
Dip - Celery

Crudités & Dip

Nil
Celery
Nil
Nil
Nil
Dip - Egg, Milk, Mustard

Selection of Seasonal Fruit

Nil
Nil
Nil
Nil
Nil
Nil



Working Lunches

Menu B

Option 3

Breads

Petit Pain Rolls

Sandwich Fillings

Cheese & Onion Mayonnaise

Sliced Egg & Tomato

Cheese & Pickle

Chicken Mayonnaise

Chicken Tikka

Tuna & Cucumber

Corned Beef & Onion Mayonnaise

Savoury Item & Dip

Vegetable Pakoras with a

Mild Coronation Dip

Crudités & Dip

Carrots

Celery

Cucumber

Peppers

Spring Onion

with Sour Cream & Chive Dip

Selection of Seasonal Fruit

Red and Green Apples

Bananas

Oranges and Mandarins

Plums

Pears

Peaches



Allergens

Breads

Wheat, Gluten, Barley, Sesame

Sandwich Fillings

Egg, Milk, Mustard

Egg, Milk

Milk, Barley, Gluten

Egg, Milk, Mustard

Egg, Milk, Mustard

Fish, Egg, Milk, Mustard

Egg, Milk, Mustard

Savoury Item & Dip

Savoury - Wheat, Gluten

Dip - Egg, Milk, Mustard

Crudités & Dip

Nil

Celery

Nil

Nil

Nil

Dip - Egg, Milk, Mustard

Selection of Seasonal Fruit

Nil

Nil

Nil

Nil

Nil

Nil

