

Spring/Summer 2011



Click on a dish & find out the nutritional information of it!

Within the recipe click on the ingredient to find out about allergy & nutrition information!

Click on the menu item & this will link you to the recipe & ingredient information!

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 18th April 9th May 30th May 20th June 15th August 5th September 26th September	Lemon Chicken Breaded Fish Vegetable Biryani (V) Seasonal Vegetables Chips Boiled Rice Marble Sponge & Custard	Traditional Mince Fishcakes Cauliflower & Broccoli Bake (V) Seasonal Vegetables Boiled Potatoes Tomato Bread Ice Cream Roll	Sausages & Gravy Mediterranean Chicken Vegetarian Sausages & Gravy (V) Seasonal Vegetables Creamed Potatoes Pasta Fresh Fruit Salad	Steak Pie Ham Baguette Macaroni Cheese (V) Seasonal Vegetables New Baby Potatoes Garlic Bread Chocolate Brownie	Turkey Burger & Bun Tuna Baked Potato Bean Burger & Bun (V) Seasonal Vegetables Diced Potatoes Golden Crunch
Week 2 25th April 16th May 6th June 27th June 22nd August 12th September 3rd October	Chicken Fajita Fish Fingers Cauliflower Cheese (V) Seasonal Vegetables Roast Potatoes Ice Cream & Berry Sauce	Steak Casserole Tuna Baguette Vegetable Tomato Pasta (V) Seasonal Vegetables Garlic & Herb Bread Boiled Potatoes Banoffee Sponge & Custard	Homemade Soup (V) Or Melon & Orange Starter (V) Shepherds Pie Fish Nuggets Cheese & Tomato Pizza (V) Seasonal Vegetables Mashed Potato/ Garlic Bread	Chicken Curry Cheese Bean Baked Potato (V) Vegetable Curry (V) Seasonal Vegetables Boiled Rice Chocolate Muffin	Tay Beef Burger in a Bun Tex Mex Pork Burrito Chickpea Falafel (V) Seasonal Vegetables Diced Potatoes Tiffin
Week 3 2nd May 23rd May 13th June 29th August 19th September	Chicken Pie Lamb Meatballs In Tomato Sauce Macaroni Cheese (V) Seasonal Vegetables Potato Wedges Pasta Ice Cream & Wafer	Pasta Bolognese Pork Steak & Gravy Baked Bean Potato Pie (V) Seasonal Vegetables Garlic Bread Boiled Potatoes Chocolate Crispie	Roast Beef, Yorkshire Pudding & Gravy Chicken Stir Fry Vegetables Spring Roll with Sweet Chilli Tomato Sauce (V) Seasonal Vegetables Baby Potatoes / Noodles Yoghurt Muffin	Sausages & Beans Spicy Chicken Wrap Spanish Omelette (V) Seasonal Vegetables Baked Beans Mashed Potato Tomato Bread Pineapple Upside Down Cake & Custard	Pork Casserole Fish Fingers Cheese & Tomato Pizza (V) Seasonal Vegetables Chips Boiled Rice Fresh Fruit Salad



A choice of one of the three main courses
 Vegetables and potatoes
 +
 A selection from the salad bar
 +
 Homemade bread

A choice of puddings from
 Sweet of the day
 or
 Fresh fruit
 or
 Fruit Yoghurt

A choice of drinks from
 A glass of milk
 or
 A glass of fruit juice
 or
 A glass of water

We can also offer a packed lunch service for school trips etc. Please contact your school's head teacher for details.

*Please note that this menu may be subject to change depending on our suppliers' ability to make deliveries as expected. This will likely affect the menu on the first day back after periods of holidays. Please contact your school for more details if required.